Yeah, that's right....

The Zumba Fitness workouts that adults are doing in over 200 countries worldwide & in over 110,000 locations (including PineTree Performing Arts Center!!!)

are now being offered

FOR KIDS!

Our own, Heather Gerlach, is a certified Zumbatomic instructor and she will be offering 2 free Zumbatomic classes on Friday afternoon, March 16 as follows:

4:45-5:30 p.m. Zumbatomic for the 9-12 year olds

5:30-6:00 p.m. Zumbatomic for the 5-8 year olds

It is never too early to encourage your children to stay in shape and this is "exercise in disguise!" It's truly a party-like atmosphere. More info will be posted at the studio, but REGISTER EARLY to SAVE YOUR SPOT.